

IUE

Iwi United Engaged, Ltd
Kawerongo

Issue: 16

Ko te Atua too taatou piringa ka puta ka ora.
Paimaarire

Haratua - May



Misty Edmonds
Te Tumu Whakarae
CEO



Steph Shankar
Mana Kaiwhakahaere
Puutea
Financial Operation Manager



Kahu Ama
Tapuhi Maaori
Kaiwhakahaere
Administrator

Meet the Team

IWI UNITED ENGAGED LIMITED
Commitment to advancing Maori
health and wellbeing through the
development of culturally informed
and relevant research.



Whaea Te Inuwai
Kaitautoko
Cultural Support



Xiale Paane
Tapuhi Maaori
Pasifika Cultural
Advisor



Langi Kepu-Kosene Apiata
Tapuhi Maaori
Pasifika Cultural
Advisor

Nau mai Haere mai e te mokopuna hou



We have new addition to the
Iwi United Whaanau
Miss Kailah Ama born 9 May, 2024
@ 1416hrs and weighing in at 3205g

Mother and daughter are doing well
Congratulations Kahu and Fale

Kairangahau Waananga

i Tuurangawaewae Marae

22 - 23 November, 2024

If you missed the registration close and are keen to join us for this kaupapa, please contact one of our IUE team. Those who have registered should have received their information packs by email on 1st May. If you did not, please reach out.

TE POU

Te Pou Te Pou
 Te tokotoko i whenuku
 Te tokotoko i wherangi
 Tokia tukia
Ko te muumuu
Ko te aawhaa
Ko te muumuu
Ko te aawhaa
Ko te maanihi kai ota
Taa Kiri panapana
 Ka rau i runga
 Ka rau i raro
 Ka whai taa more...
 i runga
 Ka whai taa more..
 i raro
Teena ko te Pou
Teena ko te Pou
Te Pou o rongu
Noo rongu mauri ora
Ka ora e...ii

https://youtu.be/EeSzWaGB9eg?si=yf_qKaxo5sZGrMMY

TE AROHA

Te Aroha, Te whakapono
 me te Rangimarie
 Taatou Taatou e

Kia kaha ara, Kia manawanui
Kia uu, ki a maia
Taatou taatou e

<https://www.youtube.com/watch?v=uefJdSCkzPo>

MA WAI RA

Ma wai ra, e taurime
 te marae i waho raa
 Ma te tika, ma te pono
 Me te aroha hei_

<https://www.youtube.com/watch?v=dGF9WMFXpYw>

THINGS TO REMEMBER

Learn the Karakia

Learn ngaa Waiata

Learn your pepeha



2024 ARVO

Misty and Jason in Seattle for the 2024 ARVO. The ARVO Annual Meeting is the premiere gathering for eye and vision scientists from across the globe, at all career stages, students, and those in affiliated fields to share the latest research findings and collaborate on innovative solutions.

Shared Kaupapa Objective

We aim to integrate these resources and engage in co-design with the community, incorporating a kaupapa Māori lens to help develop an interactive app that combines new visualisation tools and information about breast cancer to improve breast health awareness. Our partners and expert health promoters at NZ Breast Cancer Foundation express their willingness to partner with various other groups to engage with more communities and reach further. As researchers and health promoters, we value your input for determining the most effective way to present information to the community.

We prioritise equitable health service access for everyone and understand that often there can be many barriers that can affect this priority. In order for us to create an app that is diversely effective and accessible, it is important that we are receiving input from the right audience.

If you are a wahine passionate about Maori health, breast health awareness, or if you are someone or know someone whose breast conditions take them to the GP often, we want to hear from you.

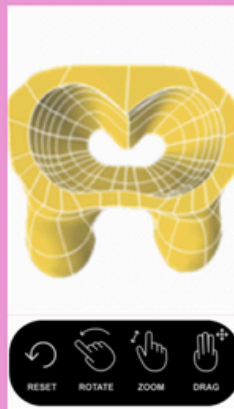
We would greatly value and appreciate your opinions on which topics should be prioritised and communicated, and your story of what helped you and what could've helped you on your journey. Get in touch with the team to express your interest and be a part of this impactful movement.

Hauora wahine - Breast health awareness

The ABI Breast Biomechanics Research Group has developed interactive 3D visualisations of the breast that can be displayed on mobile devices. These visualisations help provide new ways to communicate health information.

It is important to understand the difference between benign (non-cancerous) conditions of the breast such as cysts, adenomas, and radial scars versus breast cancer. The 3D models in the app can be rotated and adjusted to different

angles for users to visually understand the anatomy of the breast and assist with understanding normal vs abnormal conditions.



Awhi and Support

We are partnering with the expert Nurse Educators at Breast Cancer Foundation The NZ Breast Cancer Foundation NZ (NZBCF) to establish information resources with educational relevance and appeal regarding breast health. NZBCF offers extensive resources describing various aspects of breast health, including how to check your breasts and what signs and symptoms call for a visit to your GP.



TOUCH

Touch both breasts. You're feeling for any lumps or thickening of the tissue, even up into the armpits.



LOOK

Look in front of a mirror. Can you see any physical changes to the breast shape, skin or nipples?



CHECK

Check any breast changes with your doctor. Even if you've had a mammogram recently.

Full description on how to check your breasts can be viewed by scanning this QR code.



MANAAKI SESSIONS

Hononga

<https://meet.google.com/jgb-bqfe-nmb>

Next Manaaki session

16/05/2024 @ 12 pm

CONSULTATIONS

To set an appointment please visit our booking system www.picktime.com/IUEbookings

Choose your consultant through locations ie: Whaea Misty consultation/Manaaki.

Pick a preference of kanohi-ki-te-kanohi OR zui, the choice is yours.

Include a brief summary of your needs and study

BOOK NOW

IUE has officially joined Facebook



<https://m.facebook.com/61558534122802/>



Check us out on Facebook @ Iwi United Engaged Ltd. and click that like button to keep updated on all the Good Stuff going on. You can also click on the link above for direct access to our facebook page

Be a voice for change

Mihi Whakatau

Ko te Kaahu o te rangi
Ko nga manaakitanga a te Runga
Rawa
He hoonore he korooria ki te Atua
He maungaarongo ki te whenua
He whakaaro pai ki ngaai taatou
ahakoa ko wai ahakoa no whea
Arohaina teetehi ki teetehi
Paimaarire kia taatau kaatoa

IUE Team

Iwi United Engaged (IUE) is committed to advancing Māori health and wellbeing through the development of culturally informed and relevant research



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In appreciation of your time and valuable contributions you will receive:

- a grocery gift card koha
- If your survey shows that you may have sleep apnoea, we would like to offer you a FREE overnight sleep test at your home. Additional koha will be offered and travel expenses (if any) will be covered.
- If you have sleep apnoea, support will be provided at no cost to you

Gaining insight into Te Aō Māori perspectives of Sleep Apnoea during hapūtanga

Meet our kairangahau



Nō America ahau
Ko Kathleen Antony taku ingoa

Kathleen (Katie) is an obstetrician/ maternal-fetal medicine specialist with the University of Auckland. She is new to Aotearoa. She has been researching sleep apnoea for over ten years in both Texas and Wisconsin in the United States.

It is well documented that inequities exist for Māori in healthcare.

Mātauranga Māori is a significant body of knowledge that informs tikanga Māori and is the foundation of many of the values and beliefs that we hold as Māori.

Estimating the Prevalence of Obstructive Sleep Apnoea during Pregnancy, Auckland (POSA)

Purpose of the kaupapa

- This study is looking at whether we can screen and test hapū/ pregnant people for sleep apnoea.
- Sleep apnoea means someone's breathing stops during sleep. If a sleep test is needed, this would occur at home.
- We also want to estimate how many hapū/ pregnant people might have sleep apnoea.

What's involved?

- An online sleep survey (5-10 minutes)
- Sharing your medical records
- If your survey shows that you may have sleep apnoea, we would like to offer you a FREE overnight sleep test at your home. Additional koha will be offered and travel expenses (if any) will be covered.
- If you have sleep apnoea, support will be provided at no cost to you

You can make a difference:

- If you or your hapū whānau would like to participate, information and the sleep screening survey are accessible via the link and QR code.



- <https://redcap.auckland.ac.nz/surveys/?s=MNP3XJXPDRTRY>

We look forward to sharing in this kaupapa with you.
No reira, tena koutou, tena koutou, tena ra koutou katoa.

For more information please use the link above or alternatively contact the kairangahau kathleen.antony@auckland.ac.nz

Upcoming Events

Whakaaturanga Rangahau Wiki
Hauora

(Health Week Research Expo)

28th, 29th & 30th May 2024

Kia Aroha Campus

Whaia Te Tika Independent Series

May-June 2024 Multiple Dates:

See details below

Kairangahau Waananga

Turangawaewae Marae

22-23 November 2024



ACKNOWLEDGEMENTS



Kairangahau Waananga Tohu

Researchers Conference - Emblem

The Green Design in the middle represents Iwi United Engaged Limited.

The curlie lines surrounding Iwi United Engaged Limited Tohu depicts a variety of Koru designs.

The Koru are all shapes and sizes, simple yet full.

They represent the different Researchers in their different mahi, the trials and tribulations, the continuous struggles and successes and their journey within this mahi.

In some instances the lines connect this represents the sharing of mahi, helping one another within their mahi and reaching out to do better by everyone, the complete design encourages the participation of Maaori for the betterment of all.

The colour purple represents - a various of ailments

This Tohu was designed with all that in mind and is appropriate for Stationery and Merchandise applicable to this kaupapa.